

Ossining Recreation and Parks

95 Broadway

Ossining, NY 10562

914-941-3189

Office Hours 9am to 4pm Monday – Friday

Community Center Hours 9am to 9:50pm Monday - Saturday

VILLAGE BOARD

Mayor

William R. Hanauer

Board Members

Marlene Cheatham

Sue Donnelly

Michael R. Curry

Janis Castaldi

Village Manager

Richard Liens

RECREATION AND PARKS

Superintendent of Recreation and Parks

Henry C. Atterbury

Recreation

Debbie Frieder	Senior Rec. Leader
Bob Chesna	Rec. Supervisor
Ardyce Thornton	Recreation Attendant
Brenna Burrows	Recreation Attendant
Marilyn Kadan	Senior Clerk
Luz Breese	Front Desk Clerk
Gabriel Cardona	Front Desk Clerk
Carlos Urgiles	Building Caretaker
Katrina Baker	Aquatics Instructor
Mike Kane	Aquatics Instructor
Dan Pezonowski	Pool Caretaker

Parks

Village

Foreman

Larry Abreau

Town

Foreman

Albert Rivera

Parks Crew

Maso Robinson	Steve White
Patrick Bushell	Mario Velardo
Miguel Marra	
Spencer Thomas Jr.	
Brian Cassermere	

TOWN BOARD

Town Supervisor

Catherine Borgia

Council Members

Geoffrey J. Harter

Michael L. Tawil

Peter Tripodi IV

Northern Wilcher

RECREATION ADVISORY BOARD

Jackie Shaw
Michael Byfield
Tony Ciancio
Andrew Jimney

Phyllis Smith
Martin Engelhardt
Connie Serafin
Robert Nichols

Marlene Cheatham -Village Board Liaison
Geoff Harter -Town Board Liaison

Advisory Board meetings are held at the Joseph G. Caputo Community Center on the **second Monday** of every month at 7:00. Meetings are open to the public and all are welcome to join us. We do not meet in July and August.

Westchester County Parks and Recreation offers many fine programs. Call the County Parks system for more information.. County brochures are available at the Community Center with a listing of programs, call 864-7000

Phone Numbers of Interest

Police / Fire	911
Police Non Emergency	941-4099
Seniors Nutrition	762-8953
Ossining D.P.W.	941-4660
Ossining Water Dept.	941-6111
Municipal Building	941-3554

GENERAL INFORMATION REGISTRATION

Spring / Summer program registration begins on Monday March 21st for online registration and March 28nd for in-person from 9am to 9pm at the Joseph G. Caputo Community Center unless otherwise noted. Registration is on a first-come, first-served basis. Registration *after the above dates* will be taken Monday through Friday between 9:00AM and 8:00 PM. No registrations will be accepted on Saturdays. Fees are listed with each program. Checks or money orders should be made payable to the Ossining Recreation Department or as otherwise specified in the program description. **NO CASH ACCEPTED.** Some class sizes are limited, so please register early. Ossining Senior citizens get a 10% discount. Non-residents, including seniors, pay additional fees for all programs.

See details on the last page for getting set up for online registration. Summer Camp registration is in April and dates are on the Summer Camp page.

REFUNDS

Ossining Recreation does NOT issue refunds unless a program has been canceled due to insufficient registration. If any checks are returned by the bank for any reason whatsoever, there will be a \$35.00 charge in addition to the charge for the program which must be repaid in certified check or money order within 10 days of notification of same.

MEDICAL INSURANCE

As an applicant for participation in recreation programs offered by Ossining Recreation, it is extremely important that you are aware that the Town and Village do not provide a medical insurance policy for such programs. If you do not have a medical insurance policy, we urge that you secure such a policy before you use any Park or enroll in any Recreation Department programs.

JOSEPH G. CAPUTO COMMUNITY CENTER

The Community Center provides many recreation activities and opportunities for the Greater Ossining community. The building is open from 9:00am to 9:45pm Monday through Saturday. The Community Center which houses the Recreation Office, includes a music room, art room, game room, multi-purpose room and a gymnasium. Also located in the building is the Ossining Heritage Area Visitors center, an excellent educational exhibit.

*Ossining-based, non-profit organizations are permitted to use the Community Center for various functions. A "Facilities Use Application" must be submitted to the Recreation Department at least 10 working days prior to the planned event. Approval will be on a first-come, first-served basis. Priority will be given to Recreation Department programs and events at the center over other organizations. The art, multi-purpose, and music rooms are the spaces available for meetings.

NEW INSTRUCTORS & VOLUNTEERS

The Ossining community has many individuals with a wide variety of talents. If you would be willing to share your talents with your community as an instructor or volunteer, please contact the Recreation Office. We are always interested in presenting new and exciting programs.

TELL US HOW WE'RE DOING!

The Recreation Department is constantly looking for ways to improve existing programs.

We want to hear your ideas for creative new programs and/or events that you would like to see.



JOSEPH G. CAPUTO COMMUNITY CENTER

GAME ROOM

Monday through Friday 4:30 - 9:45 pm
Saturday 11:00 - 9:45 pm
6 years olds & up Free with I.D. Card
A variety of activities including table tennis, billiards, video games, board games, online access to the internet and flat screen TV are available to all residents.
Ages 6 - 10 can stay at Center until 8:15 pm
Ages 11-13 can stay at Center until 9:00 pm
Ages 13-17 can stay at Center until 9:45 pm

GYMNASIUM

Our gymnasium is open Monday through Saturday. Participants must have an I.D. card. Schedules of program offerings are available at the Community Center or call 941-3189.

PRE-SCHOOL PROGRAMS

MISS PATTI'S FEELING GROOVY

Mommy and Me Music and Movement
Joseph G. Caputo Community Center
Fridays 8 Sessions
Starts April 15^h 11:15 – 11:45
12 – 12:30
Ages: 2 - 4 Fee: \$50.00
Instructor: Patti Hupp will lead stretching, playing instruments, singing and dancing in this very groovy class. Annie Grilli recommended !

YOUTH PROGRAMS

FISHING DERBY - Free

Cedar Lane Park 1 - 3pm
Saturday , May 21st Ages 16 & under
The derby will be at Cedar Lane pond which has been stocked with bass for this event. Come enjoy a few hours of fishing and bring home a "fish story" of your own. Free program. Rain or shine the fish don't mind so be there with rod and reel ready to pull in that whopper. This is a catch and release program.

8 BALL POOL TOURNAMENTS

Joseph G. Caputo Community Center
Friday Evening 7pm
Ages 10 to 16 No Fee
Dates: 5/20 6/17
Sign up in advance at the Community Center, ages will be broken up into brackets. Limited spaces are available so sign up early. Brenna Burrows will be supervising. Trophies will be given to 1st, 2nd and 3rd place. Free pizza.

CLASSICAL BALLET

Joseph G. Caputo Community Center
Starts April 16th
Saturdays 11 Sessions
Ages 3-5 9:30 – 10:15 pm \$143.00
Ages 5 and up 10:30 – 11:30 pm \$165.00

Throughout time ballet has been based on the historical dances of the Royal palaces. Ballet has always been associated with grace, discipline, music and pleasure. Ms. Ferdinandova is a qualified, professional teacher with 25 years of experience in Europe and America with an extensive educational and stage background. Limit 15 per class.

OSSINING LITTLE LEAGUE FOOTBALL

Our 2010 Season was a very successful one. The goal of Ossining Little League Football is to have fun first and then teach fundamentals and life lessons through the game of football. Our approach is simply one where we expect success and a great level of commitment from our players because we want THEM to LEARN to be successful. Look for our registration dates in June. Practice starts Monday August 15th 2011 for 2 weeks straight, Monday to Friday, 5pm to 7pm. Please check out our website for updates..... WWW.OLLF.ORG

LEARN ABOUT AVIATION

Joseph G. Caputo Community Center
Starts April 16th
Saturdays 8 Sessions
Fee is \$95 10 to 11am
This class is geared towards children in grades k-6. Our curriculum will rotate between making things and learning about the history and origins of different aircraft. For example on the day we use boomerangs we will talk about where boomerangs come from and how they were discovered. We will also do an entire section on space when we make rocket ships. Each class will have a special guest speaker. In the past we have had a colonel in the air force come speak to our class and talk about his past experiences as a pilot. He also brought along his very own model airplanes as well as pictures of himself in the air force. For more details go to www.aviationclasses.biz, or contact Rachael at rachelcohen8705@gmail.com.

USTA "QUICKSTART" TENNIS

Joseph G. Caputo Community Center gym

Mondays 8 weeks

Starts April 11th one hour class

\$85 per student

This is a new USTA format to help kids 10 and under learn the game. A graduated length system for the court and the equipment as well as a new scoring system are incorporated into the program. Quick start tennis helps kids learn the basics and actually begin to play the sport for a lifetime" even if he or she has never picked up a racquet before. Classes are grouped by age and level. Instructors are USTA clinicians assisted by trained aides.

Ages 6—7 4—5 PM

Ages 8—10 5—6 PM

Note: 5 year olds are sometimes considered for the younger class depending on physical readiness. Racquets provided. Children must wear sneakers.

BASKETBALL CAMP – Skills and Drills

Joseph G. Caputo Community Center

June 27th to July 1st Ages 6 – 13

Fee \$100 Boys and Girls

Each participant will receive a basketball, t-shirt, water bottle and bag. Class is 9am to 12pm. Thomas McBride will be head coach.

USTA/Junior Team Tennis

May¹ through June - Five week tennis program for children ages 10—16; beginners through advanced. This is a team format. Players are grouped by age and ability. The program includes 1 hour of coaching and an hour intra-team match against teams of similar ability. The exact days for coaching and matches are to be determined. Each child will receive a team shirt. Racquets are provided. Fee \$60 Call Shannon at 420-0639 for information.

JESSE COLLYER BASEBALL & SOFTBALL 2011 Season -

Registration Play from April to June- Ages 5 to 16 - Boys & Girls- You must be the appropriate age by April 30th 2011. Fees are Ages 5-8 \$70 - Baseball-Ages 9-12 \$95 Sr Baseball -Ages 13 -16 - \$110 Softball - all ages \$95.

The fee includes uniform, trophy. JCYSports.ORG FOR MORE DETAILS

JESSE COLLYER OPENING DAY 2011

Saturday, April 9th , 8:30am

Meet at the Roosevelt School. We will march to Veterans Park for the opening day ceremonies and then move to various field to kick off the 2011 season. Join the parade or meet us at Veterans Park and be sure to wear your Yankee's hat.

RYDER PARK BALL FIELDS

9ER BASEBALL CAMP – two sessions

I. August 15th to 19th Ryder Park

See description below.

II. August 22nd – 26th RyderPark

Ages 7-12, Fee \$175

Mon.-Thurs. 9-2pm & Fri. 9-12pm

Techniques and fundamentals of baseball are taught with the emphasis on FUN. All baseball skills including hitting, catching, throwing and base running will be taught by former *Detroit Tiger catcher TED LAWRENCE and his staff.*

JUKIDO JUJITSU SELF DEFENSE

Joseph G. Caputo Community Center

Saturdays/ Wed 10 weeks

Starts April 23rd Beginners 9:30

Fee \$125 Intermediates 10:30

Ages up to 16 Advanced 12:00

Learn the art of self defense with emphasis on self discipline and conditioning with instructor Pat Premdas. We will be offering a summer mini session starting in August for 5 weeks and the cost will be \$90 for the five weeks. Wed. practice is 6:30 to 7:30pm but the Summer Mini Session will meet on Saturdays only.

AFTER SCHOOL RECREATION

Joseph G. Caputo Community Center

Continuous Year round

\$150 per month 3:30 - 6:00pm

Mon. - Fri Grades 1 - 6

Participants will receive assistance with homework first and then participate in arts & crafts projects, games & field trips. Staff will meet the school bus in front of the Center, Friday trips will be to various parks & playgrounds in the spring. Contact the school district to arrange bussing. We pick up students from Claremont. Snacks are provided each day.

OSSINING SUMMER DAY CAMPS 2011

TO REGISTER:

1. Camp registration will take place in April
2. Each camp will have one evening of registration, dates are listed below
3. Time - Community Center at 7pm
4. You must bring with you to the registration night:
 - a. completed registration form
 - b. birth certificate, copy to leave
 - c. immunization records, copy to leave with us
 - d. Recreation ID card
 - e. checks or money order made out to Ossining Recreation
 - f. the above for each child if you're registering more than one on the same night
5. There will be no trips this year.
6. On line registration starts one week prior to the in person dates listed below, due to high demand we suggest you take advantage of the online process. This requires that you open an account and come to the Community Center to get an ID card. Proof of residency is required with a picture ID and some sort of bill or a piece of mail to that address. A Recreation ID card is required to register for camp. If you register online you must bring a.,b. and c from the list above to the Community Center by 4/28/11.
7. Cut off dates for age groups correspond to School District guidelines. Child must be of age by December first of 2011 to qualify for age bracket.

CAMP REGISTRATION NIGHTS AS FOLLOWS:

1. Claremont School Camp (ages 6 -10) Mon., 4/25
2. Ryder Park (6-10) Tues., 4/26
3. Pre-K Camp (Comm Cntr.) (4-5) Wed., 4/27
4. Roosevelt School (5-6) Wed., 4/27
5. Veterans Park Sports Camp (10-14) Thurs., 4/28
(Registration starts at 7pm for all camps)

Online registration is the week of April 18th for camps.

POOL TIME

Ryder, Vets and the Claremont School camps will spend one day a week at the Community Center indoor pool facility . Campers will be dropped off and picked up at the pool. The specific day of the week for specific camps will be available on registration night.



PRE -K CAMP

Ossining Community Center 9 -1pm
July 5th to August 12 6 weeks
Fee; \$430 1st child, \$330 each additional
ages 4-5, pre school

The Pre-K camp is open to children who have not yet attended kindergarten. The camp will include arts and crafts, music, creative activities, water spray park, playgrounds and special events. Children must be toilet trained. Child must be 4 by December 1st of 2011 to qualify for this age bracket.

ROOSEVELT SCHOOL DAY CAMP

Croton Ave. 9-3pm
July 5th to August 12 6 weeks
Fee:\$460 1st child, \$345 each additional
ages 5-6, K to 1st approximately

This program is geared to children ages 5 and 6, featuring arts and crafts, games, one day a week at water spray park and playground, special events and entertainment. Child must be 5 by December 1st of 2011 to qualify for this age bracket.

CLAREMONT SCHOOL DAY CAMP

Van Cortlandt Ave. 9am to 3pm
July 5th to August 12 6 weeks
Fee \$530 first child, \$430 each additional
ages 6 to 10

Supervised group activities including sports, arts and crafts, special events and entertainment with one day a week at the Aquatics Center. Child must be 6 by December 1st of 2011 to qualify for this age bracket.

RYDER PARK DAY CAMP

Morning Side Drive 9am to 3pm
July 5th to August 12 6 weeks
Fee \$530 first child, \$430 each additional
ages 6 to 10

Supervised group activities including arts and crafts, outdoor sports, special events, tennis lessons and one day a week at the Aquatics Center. Child must be 6 by December 1st of 2011 to qualify for this age bracket.

VETERANS PARK SPORTS CAMP

Narragansett Ave 9am to 3pm
July 5th to August 12 6 weeks
Fee: \$530 1st child, \$430 each additional
ages 10-14

This camp will emphasize primarily team sports such as soccer, softball, roller hockey, touch football and basketball. Preparation and introduction to the Spartans Swim Team will be available one day a week. Child must be 10 by December 1st of 2011 to qualify for this age bracket.

ADULT PROGRAMS

THE WONDER OF BEADS – Jewelry Class

Joseph G. Caputo Community Center

Wednesdays 8 sessions

Starts on April 20th 7-9pm

Fee \$85 16 and up

This is the class to take if you want to learn how to make your own unique and creative jewelry. Let your imagination and personal style come to life. All aspects of stringing, knotting and other wire wrapping techniques will be covered. A materials fee of approximately \$65 dollars for semi precious stones and sterling silver is due at first class. Instructor - Teddy Leveille.

JUKIDO JUJITSU SELF DEFENSE

Joseph G. Caputo Community Center

Saturdays 10 sessions

Starts April 23rd 18 and up

Fee \$125 Adult class 12pm

A class on self defense with emphasis on self discipline and conditioning with instructor Pat Premdas. Wednesday workout sessions begin at 7:30. We will be offering a summer mini session. The Summer session starts in August, ends in Sept. and the fee is \$90. but NO Wed. during summer months.

CLASSICAL HATHA YOGA

Joseph G. Caputo Community Center

Tuesdays 8 sessions

Starts April 12th 6:30 – 8:00 pm

Fee: \$75

Beginners/Intermediate class will include asanas (postures), pranayamas (breathing techniques). Chakra Intro, and 15 min meditation/relaxation. Asanas synchronized w/breath can energize and balance the body/mind connection. Regular practice will promote good health; increasing oxygen/blood circulation to vital organs & muscles, as well as balancing the nervous system. Defenses against “dis-ease” are strengthened and are easily maintained. Flexibility, strength and feelings of tranquility can be increased w/practice. Bring a yoga mat, thick pillow or blanket and water. Last heavy meal 2 hrs prior to class. Instructor: Aida I Rivie-Angley: Exp: Practice 1975; Teaching 1982; NYS Board Certified – LMT 1991; Yoga for Bone Health Certificate 2009.

STAINED GLASS WORKSHOP

Joseph G. Caputo Community Center

Mondays 8 sessions

Starts April 25th Advanced 8 - 9:30

Fee: \$80.00 Beginners 6:30 - 8

Joan Peske of Frog Hollow Glassworks. A beginners class and a continuing class for students already working in stained glass. Beginners can purchase a \$124 starter kit or just materials for \$24 both of which will be available the first night. They will be instructed in the copper foil (Tiffany) method of stained glass and will complete at least one panel. Safety glasses must be worn to each class.

MORNING ADULT BASKETBALL

Joseph G. Caputo Community Center

Mondays and Thursdays Starts April 18th

10:00 am - Noon Ages: 18 & up

Recreational use of the gym to shoot around, walk or jog.

KICKBOXING / ZUMBA

Joseph G. Caputo Community Center

Starts April 11th 8 weeks

\$165 for all four days

Mondays and Wednesday 7:30-8:30 pm

Functional Training and Kick Boxing

It's Spring and time to focus on creating a healthier heart and body. Come with friends to kick the weight off and punch yourself into shape. Bring water and a mat for stretching. The class will provide cardio and strength drills using steppers, physioballs, hand weights bands and more.

Tuesdays and Thursdays 7:30 -8:30 pm

Zumba/ Sculpt/ Core

This class has it ALL! Warm up with dance/aerobic moves to lift your spirits and heart rate. Sculpt/tone using hand weights, exercise bands and weighted medicine balls. Pilates will be applied to strengthen your core and stretch your body. Sara will lead both sessions. The fee covers all four days if you choose to go four times a week. Contact Sara at 646-431-0774 or sarasmile329@gmail.com for more information.

TABLE TENNIS

Joseph G. Caputo Community Center
Saturdays 3 to 6 pm
Ages: All ages Fee: I.D. Card
Ping-Pong Players, take your talent out of the garage or basement and join us. The difference between ping pong and Table Tennis may be where you play!

AQUATIC BOOT CAMP GET IN SHAPE FOR THE SUMMER BATHING SUIT SEASON

Starts April 16th
Saturdays 4-5pm
Mondays 7- 8pm
10 Weeks \$145
Both Sat. and Monday \$275

Enjoy Low impact with High Impact results, Burn Calories, Tone your Body, Flatten your Abs, and Strengthen your Core
FOR A SLIMMER BEACH BODY YOU!
Your instructor, Lizz is a NY State Certified Personal Trainer with over 10 years experience and is a Reiki master and massage therapist. Saturday and Monday are separate programs.

COMMUNITY SAILING PROGRAM

The sailing program now has three sailboats and a new training program for those who want to learn how to sail. Join this great club and for a mere \$70 you can learn how to sail, meet others who love to sail, socialize and get out on the Hudson River with the group. Once you have been out on the Hudson you will never look at Ossining in the same way again. Group sailing events are being scheduled so call 941-3189 for a registration form. This is one of the best deals in town. Go to Ossining Community Sailing Club web site at www.ossiningcommunitysailing.org

SENIORS CITIZENS PROGRAMS

NUTRITION PROGRAM

Delicious hot meals are served at the Joseph G. Caputo Community Center on Broadway, five days a week, Monday through Friday. Any person 60 years of age or over is invited to participate. However, advance reservations are required. Call the Nutrition Center at 762-8953 for more information

HOME DELIVERED MEALS PROGRAM

This program is available for people 60 or older who meet Westchester County Department of Senior Programs and Services eligibility requirements. For more information, call the Nutrition Center at 762-8953 for more information

ART CLASS

Joseph G. Caputo Community Center
Thursdays Ongoing
1 - 4:00 PM
Instructor: Paul Jeffries

BLOOD PRESSURE SCREENING

Joseph G. Caputo Community Center
Second Tuesday of every month 11:30 am
Sponsored by: Dominican Sisters Family Health Services

DANCE AND EXERCISE

Joseph G. Caputo Community Center
Thursday Mornings Year Round
Ongoing 10:30 to 11:30
Instructor Cameron Kelly

BOCCE FOR SENIORS

Joseph G. Caputo Community Center
Wednesdays & Fridays Year round
Ongoing 1 - 4

EXERCISE - Aerobics

Joseph G. Caputo Community Center
Wednesday mornings Year Round
Ongoing 11 - '12
Instructor: Carl Tucker

EXERCISE FOR SENIORS

Joseph G Caputo Community Center Year round
Mondays Ongoing 10:30
Inst. Dr. Richard Finewood

BINGO

Joseph G. Caputo Community Center
Wednesdays Year round
Ongoing 12:45-2

COMPUTER LEARNING FOR ADULTS

Joseph G. Caputo Community Center
Computer courses are offered at the Center, call 762-1350 for information and to register

TAXI COUPONS

Joseph G. Caputo Community Center
Tickets sold daily Monday - Friday 9 - 2
Ages: Must be 67 years old or older
Fee: \$3 per coupon

WALKING PROGRAM

Joseph G. Caputo Community Center
Monday, Wednesday, Thursday, Friday
Ongoing 9:30 - 10
A regular program of walking can provide many health benefits. It can increase energy levels, reduce body fat and reduce the risks of heart disease, high blood pressure, obesity, arthritis and osteoporosis. Walking is relaxing and relieves tension.

RUOK – no fee

Phone calls are made from the Senior Center every morning to make sure residents 60 and older are okay, Calls are made at 8 or 9am, your choice.

OSSINING GOLDEN AGE CLUB #1

Business meetings are held at the Joseph G. Caputo Community Center on Tuesdays at 1pm to 4pm. Club activities include bowling, bocce, bingo, crafts, trips, dinners, dances and holiday parties. All residents age 60 and up are invited.
Join this group every Tuesday for Bingo and to learn about upcoming trips and programs.

NORWEST REGIONAL SPECIAL SERVICE

Providing Community Therapeutic Recreation For Special Populations

Is your child (age 5 to 21) and in a special education program? NorWest may have a recreation program for you. NorWest complies with the regulations of the state and county Health Dept. and is funded by a NYS OMRDD Family Support Service Grant. Give the director, Chris Morabito, a call and he will be glad to discuss programs that NorWest provides and any other service related issues.
Fax (914) 737-4838. Office (914) 737-4797

COMMUNITY ACTIVITIES & SPECIAL EVENTS

OSSINING HERITAGE AREA

Joseph G. Caputo Community Center Information on the Ossining Heritage Area, life-size exhibits on Sing Sing Prison and the Old Croton Aqueduct are available at this location. Ossining is one of fifteen areas in New York State to be included in this unique program designed to preserve the State's heritage and use historic, educational and recreational tools for economic development. No fee to enter.

7TH ANNUAL "MARY SAWYER" BLUE RIBBON FRONT YARD FLOWER GARDEN AWARD

The Beautification Committee is accepting applications for this program. If you have a "front yard flower display" and would like to be considered for an award please call 941-3189 with your name, address and phone number. Gardens will be viewed the week of June 22- 30. Awards will be given out at the fireworks show on July 1st. There is no fee and trophies are given out for the best front yard flower gardens. If you have a neighbor feel free to enter them.

FIREWORKS

July 1st , Friday Night

Louis Engel Waterfront Park
Fireworks at approximately 9:15pm.

Join us for a great show and enjoy entertainment before hand with a

concert at Louis Engel Waterfront Park starting at 7:30pm.

This is a wonderful event and we hope you can be with us for an evening of fun. Music by "Channel One." A great way to kick off the holiday weekend.



OSSINING MAIN STREET VILLAGE FAIR

Saturday, June 11th 9am to 5pm

The Annual Street Fair, with food, vendors, arts & crafts, exhibits and entertainment. Tours of the Weir Chamber (Croton Aqueduct) and the Ossining Urban Park Visitors Center will be open to all. Join us for a great family day. This is will be the best ever. Vendor application can be picked at the CHAMBER OF COMMERCE and can be reached at 941-

BOAT RAMP

Louis Engel Waterfront Park

For boats up to 26 feet

Season April-October

Fee: daily use - resident \$ 30/ non resident \$50

unlimited use - resident \$90 / non resident \$150

Daily passes can be purchased at ramp, season passes at the Community Center, call 941-3189. There will be an attendant on duty so ~~no~~ "no pass - no use" is the policy.

EGGSTRAVANGANZA

Saturday April 16th

Ryder Park 10am

Nelson Sitting Park 12pm

Join us for a grand egg hunt and find the golden egg to win a basket. Meet the Big Bunny and have your picture taken (bring your camera). The event starts at designated times so be there 15 minutes early so you don't miss out. Most appropriate for children pre-k to grade 4. A concert by Annie will start the event at each site. In the event of inclement weather call the Community Center for re-location site if needed.

FARMERS MARKET

The Ossining Farmers' Market, located at the corner of Main and Spring St., runs each Saturday, starting in June, rain or shine, through December from 8:30am-2pm. The market features locally grown New York State produce and fruit, organic produce, farm raised poultry and meats, graded beef and heritage pork, eggs, flowers, honey, breads, pastry, pies, salsas and soups, smoked trout, quiche, old fashioned cider donuts, farmstead cheese and handmade foods. The Ossining "Friends of the Market" program hosts special events throughout the season

AQUATICS PROGRAMS

At the Ossining Aquatics Center

SENIOR EXERCISE

Monday - Friday 10-11am

It is designed to give seniors more experience in the water and share with them different exercises at several levels that they can perform. The Water Workout will consist of exercises using the barbells and water belts at various levels to which class members can perform. I D card fee plus Daily Fee is \$1.00 for residents of the Village of Ossining.

SPARTANS 2011

Club Swim Team

Spartans Swimming is a year round youth swimming program which will compete in the Westchester Fairfield Fall Swim League and USA Swim Meets. Spartan swimming welcomes all levels of competitive swimmer from beginner to advanced high school swimmers. Emphasis will be on the long term interest of each athlete. We want each swimmer to develop a love for the sport, proper technique and to have fun. Coach Mike Kane has a great level of experience and will work with each swimmer to develop them into a competitive swimmer. Four levels of the team exist.

1. Pre- Competitive (no meets)
Practice time – M, W, F- 40 min. 3:20- 3:50
2. Junior I M- F 4:30-5:30
3. Junior II M- F 5:30-6:30
4. Senior M- F 5 to 7pm

Contact the office for a detailed list of the requirements for each level. Levels 2, 3 and 4 will also have an initial one-time fee of \$55 to pay to USA Swimming and will require an additional \$100 that goes into an escrow account to pay for events at meets. You will receive a refund for any portion of that which goes un-used and you may have to contribute more to that account based on the number of meets and events your child participates in. We have two fee schedules.

1. \$95 per month and child is dropped off at start of and picked up by parents at close of practice
2. \$150 per month and your child stays with our existing After School program until 6pm.

There is a non resident fee for all Aquatics programs

LEARN TO SWIM CLASSES

General Information

On the first day of any session participants in any level above beginner will be tested to ensure that they meet the requirements of the class level they are registered for and that they are in the correct level based on their ability.

Class size is generally 6 students per class and detailed descriptions of each level are outlined on the previous page. **The start date for all swim classes is on Monday April 18th and the first Saturday is April 16th.**

Fees vary depending on residency for those living outside the Village of Ossining.

CLASS DESCRIPTIONS

PARENT / TOT CLASS

8 weeks ½ hours sessions Fee \$100

Class size is 6 max.

Choose a letter as your desired class time

- A. Tuesday 11am
- B. Tuesday 9:30am
- C. Saturday 11:30am**

This program is designed to give young children experience in the water in the comfort of their own parent/caregiver. The ages for this program will be 6 months – 3years old. Within your 8 week session, the parent/caregiver and child work together to learn basic skills such as bubble blowing, kicking, big arms, and safety jumps. Through games, water play and the use of flotation devices/toys, your child will become comfortable in the pool.

LEARN TO SWIM - LEVEL 1

8 weeks ½ hours sessions Fee \$100

Class size is 6 max.

Choose a letter as your desired class time.

- A. Tuesday- 7pm
- B. Thursday- 6:30pm
- C. Wednesday- 6:30pm
- D. Saturday- 8:30am**
- E. Saturday- 9:15am**
- F. Saturday- 10:00am**
- G. Saturday- 12:15pm**

Helps students feel comfortable in the water. Level 1 participants learn to: Enter & exit water safely, Submerge mouth, nose & eyes, Float on front & back, Explore arm & hand movements Open eyes underwater, Exhale underwater Explore swimming on front & Back Use a life jacket, Follow basic water safety rules Submerge to pick up object

LEARN TO SWIM - LEVEL 2

8 weeks ½ hours sessions Fee \$110

Class size is 6 max.

Choose a letter as your desired class time.

A. Tuesday- 6:30pm

B. Wednesday- 7pm

C. Saturday - 9:45am

D. Saturday - 11:15am

E. Saturday - 12:15pm

Gives students success with fundamental skills.

Level 2 participants learn to: Exit water using ladder or side, Tread water, Glide on front & back, Float on front & back, Explore swimming on side, Roll over from front to back, back to front, Enter water by stepping/jumping from the side, Open eyes underwater, submerge head to retrieve object, Swim on front & back using combined strokes,

Move in water while wearing life jacket, Perform rhythmic breathing

LEARN TO SWIM - LEVEL 3

8 weeks ½ hours sessions Fee \$110

Class size is 6 max.

Choose a letter as your desired class time.

A. Tuesday- 7pm

B. Thursday- 6:30pm

C. Saturday- 9:00am

D. Saturday- 11:15am

E. Saturday- 12:15pm

Builds on the skills of Level 2 through additional guided practice.

Level 3 participants learn to: Jump into deep water from the side, Perform rotary breathing, Perform butterfly kick and body motion, Survival float, Dive from sitting or kneeling position, Swim front crawl, Perform HELP & huddle positions, Submerge fully & retrieve object, Change from vertical to horizontal position on front & back, Perform reaching assists, Swim back crawl, Bob with head fully submerged, Use check-call-care in an emergency

LEARN TO SWIM - LEVEL 4

8 weeks ½ hours sessions Fee \$110

Class size is 6 max.

Choose a letter as your desired class time.

A. Tuesday - 6:30 pm

B. Thursday - 6:30pm

C. Saturday- 10:30am

****More classes will be offered based on demand****

Develops confidence in the skills learned and improves other aquatic skills.

Level 4 participants will learn to:

Dive from compact or stride position, Swim underwater, Swim breaststroke, Use safe diving rules, Tread water using sculling arm motions &

kicking, Perform throwing assists, Swim elementary backstroke, Perform feet-first surface dive, Swim on side using scissors kick, Care for choking victim, Perform open turns on front & back, Coordinate butterfly, Perform compact jump into water from a height while wearing a life jacket

LEARN TO SWIM - LEVEL 5

8 weeks ½ hours sessions Fee \$110

Class size is 6 max.

Choose a letter as your desired class time.

A. Thursday - 7:30pm

B. Tuesday - 6:30pm

C. Saturday- 10:30am

****Additional classes will be offered if demand warrants****

Provides further coordination and refinement of the following strokes: Front crawl, Back crawl, Breaststroke, Butterfly, Elementary Backstroke, Side stroke.

LEARN TO SWIM - LEVEL 6

8 weeks ½ hours sessions Fee \$110

Class size is 6 max. Choose a letter as your desired class time.

A. Thursday - 7:30pm

B - **Saturday - 12:00pm**

Refines all 6 strokes so students swim them with ease, efficiency, power and smoothness.

LEARN TO SWIM- FOR ADULTS

Class size 6 max. Fee \$50 8 weeks

A. Wednesday 7:00pm (all levels)

B. **Saturday 10am (all levels)**

This program is designed to help adults learn how to swim, improve their swimming ability, refine their strokes and learn independent swimming skills.

OPEN SWIM TIMES

Offered various times Monday thru Friday - Generally 7pm to 9:00pm but subject to change.

Saturday: 2:30-6:00pm Sunday: 1:00-4pm

Recreation ID card is required, no exceptions.

Occasionally programs require schedule changes so please check with pool desk for any changes prior to coming. Non Village of Ossining residents are subject to non resident fees. Call 941-3189 for details

LAP SWIMMING

Monday thru Friday 6-9am / 7-9pm

Year Round \$250 for Village of Ossining residents. Fees vary for Town and non-residents.

Three lanes are available at your convenience. Other "various times" might be available but are subject to change based on programming needs. Fee are pro-rated as of Jan. 1st.

BIRTHDAY PARTIES (at the Pool)

Fee \$145

Children must be between the ages of 6 & 12 years old with a limit of 20 children maximum.

Saturday afternoons from 2:00-5:30pm.

**The \$145 fee includes one hour in the Music room for food and one hour in the pool. The children are expected to stay in the designated area and an adult must be present.

****FOOD AND DRINKS ARE NOT PROVIDED****

Ossining residents only.

AQUATIC BOOT CAMP

GET IN SHAPE FOR THE SUMMER

Starts	April 16th
Saturdays	4-5pm
Mondays	7- 8pm
10 Weeks	\$145
Both Sat. and Monday	\$275

Enjoy Low impact with High Impact results, Burn Calories, Tone your Body, Flatten your Abs, and Strengthen your Core.

Your instructor, Lizz is a NY State Certified Personal Trainer with over 10 years experience and is a Reiki master and massage therapist. Saturday and Monday are separate programs unless you register for both.

Go Green. Register

Register Online, Save a Tree

It's Easy:

- ✓ Create an Account & Log In
- ✓ Choose an Activity
- ✓ Register Online
- ✓ Participate and Enjoy!

Villageofossining.org for more details

Registering online is eco-friendly.



Save Gas



Save Time



Save Paper
and Trees



<http://www.villageofossining.org/Cit-e-Access/webpage.cfm?TID=24&TPID=3491>

will take you to the
Ossining Recreation and Parks page